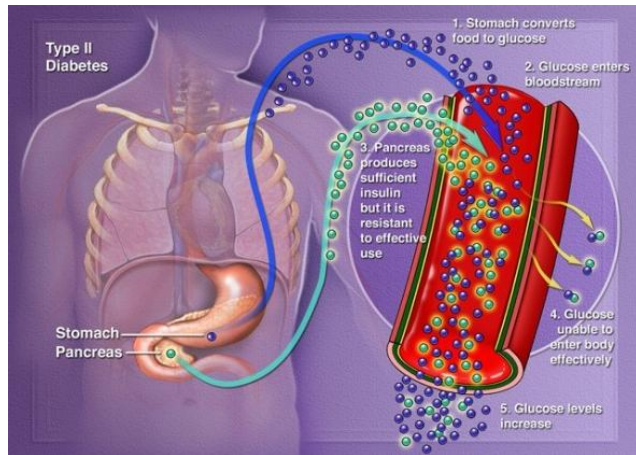
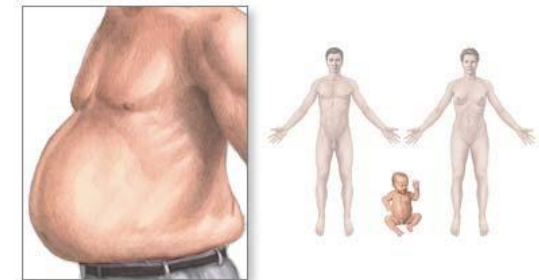


TYPE 2 DIABETES



Type 2 diabetes is caused when the body can no longer use insulin in a proper manner.

It is caused by bad lifestyles choices, being overweight, and even be passed down from family.



Being overweight and heredity are two risk factors for diabetes

ADAM.



Medication and sometimes insulin shots, along with a healthy diet and exercise are the only ways of managing type 2 diabetes.